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TALKING POINTS

Is Radiofrequency Microneedling the Secret to Tighter Skin?

Dermatologists examine the treatment that promises firmer, brighter skin — and keeps getting celebrity shoutouts.

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RF Microneedling Has Many Names

There are a number of different RF microneedling devices out there, and the differences between them are in part just differences in their marketing budgets and ad campaigns.

Vivace and Vivace Ultra

[Vivace](#) and [Vivace Ultra](#) received US Food and Drug Administration (FDA) [clearance](#) in October 2022. Its red LED light has [anti-inflammatory properties](#) and plumping and smoothing effects, while its blue LED light [targets acne](#).

[Dr. Paul Jarrod Frank, MD](#), a board-certified dermatologist in New York City, has [previously explained to Allure](#) that this ultrasound feature is especially helpful in treating darker skin tones: “We can deliver the energy deeper in the skin while minimizing trauma to the epidermis [that can cause hyperpigmentation].”