

# The top 10 sunburn-soothing products, according to dermatologists

Say hello to skin relief!

by Chriissy Callahan / Jul.10.2018 / 2:40 PM ET / Source: TODAY



Sunburns ... well ... burn.

Try as we might to lather on sunscreen and keep our fun in the sun to a minimum, most people have experienced the painful, hot sensation of a sunburn at one point or another.

It can feel like there's no end to the itching and burning, but relief does exist – and it doesn't have to cost a fortune!

You may have seen the Menthol shaving cream trick on Facebook a few weeks ago, but the dermatologists we reached out to said that's probably not the best solution.

So, we consulted with the pros to find out what actually works.

Try one (or more) of these options and your skin just might find sweet relief in no time.

**1) Amara Organics Aloe Vera, \$15, [Amazon](#)**

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5) Burt's Bees Aloe and Coconut Oil After Sun Soother, \$4, [Amazon](#)



Burt's Bees Aloe and  
Coconut Oil After  
Sun Soother

\$4 - AMAZON

 SHOP

Also available for \$5 at [Target](#).

"The Burt's Bees after-sun soother is fast to absorb and very hydrating, which is ideal for parched, burned skin," said Dr. Ranella Hirsch, a dermatologist based in the Boston area.

6) Seven Minerals Organic Aloe Vera Gel, \$20, [Amazon](#)



Seven Minerals  
Organic Aloe Vera  
Gel

\$20 - AMAZON

 SHOP

Also available for \$20 at [Sevenminerals](#).

"Aloe Vera and cucumber are great natural sunburn treatments, and this aloe gel is one of my favorites. It can be used on skin or hair, but must be refrigerated. Believe it or not, the aloe actually feels even more soothing when the gel is cool," said Edyta Jarosz, lead esthetician at [PFRANKMD Skin Salon](#).