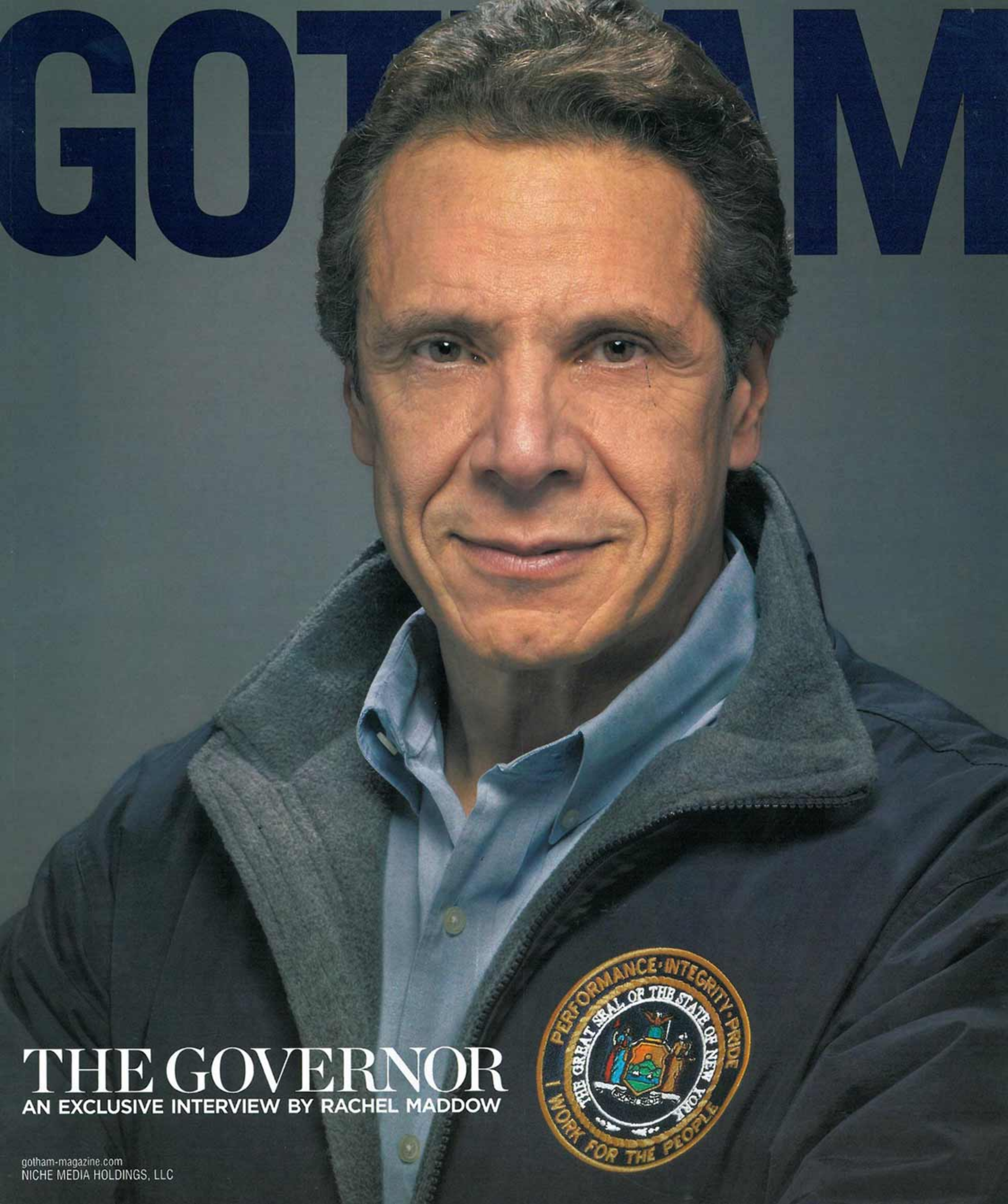


# GO T M M

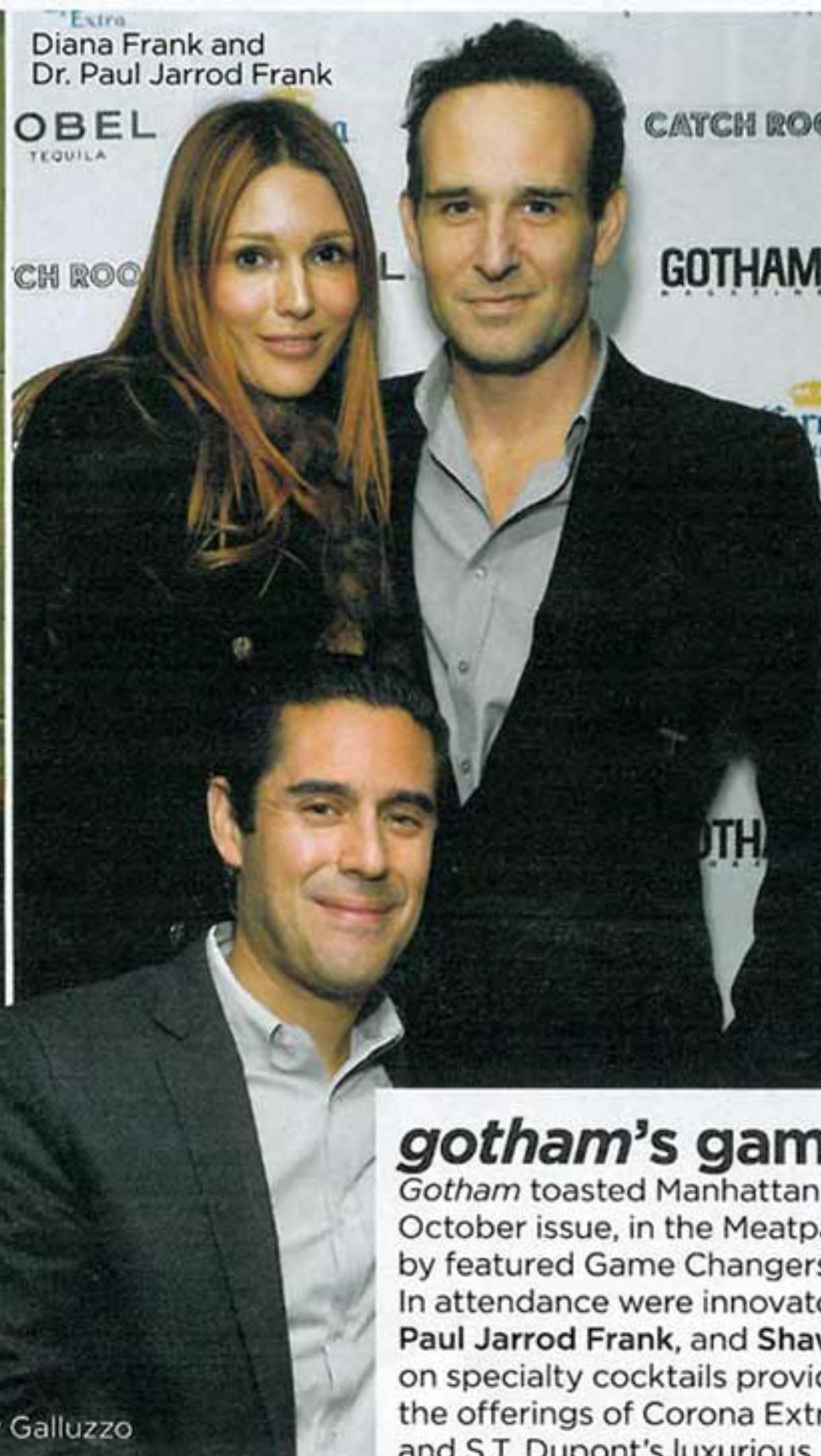


## THE GOVERNOR

AN EXCLUSIVE INTERVIEW BY RACHEL MADDOW



Joe Gortner



Diana Frank and Dr. Paul Jarrod Frank



Thomas Pastuszak



David Cherner

Shawn Reilly

Jay Galluzzo

**gotham's game changers event**

*Gotham* toasted Manhattan's most influential men, the stars of its October issue, in the Meatpacking District at Catch Roof, owned by featured Game Changers Mark Birnbaum and Eugene Remm. In attendance were innovators such as Thomas Pastuszak, Dr. Paul Jarrod Frank, and Shawn Reilly. This exclusive crowd sipped on specialty cocktails provided by Maestro Dobel Tequila, enjoyed the offerings of Corona Extra and Corona Light, and viewed Bric and S.T. Dupont's luxurious luggage and accessory collections.



Garth Burnett



Lisa Kelechava



Ilene Shane



Jay Strongwater



Joseph Walden



Chris Edward

**saks fifth avenue home**

*Gotham* and Saks Fifth Avenue toasted the beginning of the holiday season at their Holiday Artisanal Showcase. Guests and craftsmen including Joseph Walden, Jay Strongwater, Ilene Shane, and Garth Burnett sampled festive seasonal treats and viewed the exquisite home, entertaining, and gift collections from Saks's master craftsmen at its midtown outpost. Many of the artisans also demonstrated how they create their custom products.

# face first

WITH THE LATEST TECHNIQUES AND INNOVATIVE TECHNOLOGIES, THE UPPER EAST SIDE'S PREMIER FACIALS EASE WINTER'S HARSH EFFECTS. BY ALLISON POLSTER

## 5th Avenue Dermatology Surgery and Laser Center

"I perform all procedures myself," says Dr. Paul Frank, who offers a variety of services including the Isolaz laser facial for blemish-prone clients, Medlite laser facial for a boost of collagen, and Clear and Brilliant facial, which utilizes a mild fractional laser in erasing sun damage and building collagen. **1049 Fifth Ave., 212-327-2919; pfrankmd.com**

## Berenice Electrolysis & Personal Beauty Center

Berenice Rothenberg's Hydrafacial removes dead skin cells, hydrates, and works with LED light therapy to stimulate increased collagen. "You will see the glow, and it stays with you for a long time," says Rothenberg. **14 E. 60th St., 212-355-7055; bereniceelectrolysis.com**

## Beyond Beautiful Aesthetics

This medspa offers the full gamut of facial services from deep cleanse to hyper-pigmentation to a glycolic peel. Its most popular offering is its antiaging rejuvenating facial, which begins with a light microdermabrasion. **59 E. 79th St., 212-922-1622; beyondbeautifulaesthetics.com**

## Exhale Mind Body Spa

Exhale customizes their signature Power facial with smart peel, ultrasound, LED light, and

cool-beam technologies. "We have many tools in our toolbox," says national spa director Laura Bengel. "The Power Facial allows us to multitask and treat several concerns within one therapy session." **980 Madison Ave., 212-561-6400; exhalespa.com**

## Isabelle Bellis

Isabelle Bellis starts each new client with a Joëlle Ciocco personalized skin nutrition treatment, a two-hour service adjusted for each individual to rebalance skin. For the second visit, try her signature facial, which helps prevent aging. **60 E. 66th St., 212-966-3262; isabellebellis.com**

## New York Health & Racquet Club

To combat facial aging, New York Health & Racquet Club instructor Annelise Hagen teaches "yoga face" in her general yoga classes and in one-on-one training sessions. "We release tension through stretching out the face and through laughter," says Hagen. "The exercise stimulates the production of collagen and elastin." **1433 York Ave., 212-737-6666; nyhrc.com**

## Paul Labrecque Salon & Spa

The secret of Paul Labrecque's Bio-Sculpt facial "lies in the unique combination of the highly concentrated Biologique Recherche products and the latest micro-current technology," explains aesthetician Micheline

The Paul Labrecque Soothing Treatment creates a calming effect.



Reboh. "The result is plumper, firmer glowing skin." **171 E. 65th St., 212-988-7816; paullabrecque.com**

## Perricone MD

Operating under the belief that "inflammation is aging," Dr. Nicholas Perricone utilizes ultrasonic exfoliation rather than microdermabrasion. The signature Electro-Stim Lifting facial uses this Perricone technique and leaves clients with younger-looking countenances. **791 Madison Ave., 212-734-2537; perriconemd.com**

## Sadick Dermatology

"For cold weather we'll use the Pore Minimizer facial, which is excellent for tightening and firming the skin," says medical aesthetician Luzinette Ripardo. Sadick Dermatology's signature treatment, the Medical Cleanse facial, ends with "wine and caviar masks and an aloe mask to cool and hydrate the skin." **911 Park Ave., 212-772-7242; sadickdermatology.com**

## Skin & Spa Cosmetic Surgery Center

"For winter we love the Unstress Facial that uses gentle cleansing milk, calming cream, probiotics, wheat germ, hyaluronate, and a replenishing mask with elements like vitamin B5 and zinc," says Dr. Howard Sobel. "Skin is instantly hydrated, calmed, and redness of winter damage is gone." **960 Park Ave., 212-288-0060; drsobel.com G**

## NATURE'S CURE

Caudalie's new uptown boutique disperses skincare straight from the vine.

"We wanted to create a space where we could tell the story of Caudalie and offer New Yorkers a little piece of the vineyard within the busy city," explains founder Mathilde Thomas of Caudalie's new boutique on the Upper East Side. For the dry winter months, Thomas recommends Caudalie's Vinoperfect Serum. "[It] is the perfect product to keep skin glowing all through the winter," she explains. "The key ingredient, patented Viniferine, is a natural melanin regulator that reduces dark spots while boosting radiance." **1031 Lexington Ave., 212-308-3551; caudalie.com**

Magical mixing potions at Caudalie.

CAUDALIE  
PARIS

