

Forever Young

Dr. Paul Jarrod Frank is the Upper East Side's own fountain of youth



Dr. Paul Jarrod Frank

Living well in New York includes a fashionable combination of watching what you eat, regular exercise and coping with life's stresses, all while trying to look your very best. Regardless of one's regimen, the inevitable effects of time and the environment take a toll on us. But it seems that the old days of the aggressive nip and tuck are almost gone, and it is getting easier and safer to get a little extra help battling time. With the rapidly advancing pace of the beauty industry and the seemingly infinite options out there, it is crucial to entrust your skin to an experienced physician that is also on the cutting edge. It is no surprise to find such a specialist on the Upper East Side's Fifth Avenue.

Dr. Paul Jarrod Frank is the director of the Fifth Avenue Dermatology Surgery & Laser Center. Board-certified in Dermatology and Dermatologic Surgery, Dr. Frank is renowned for his minimally-invasive cosmetic techniques, and has generated much buzz among New York City's elite as the go-to doctor for Botox, fillers, laser surgery and liposuction. In his state-of-the-art facility, which includes a surgically accredited operating suite and over 20 different cosmetic lasers to choose from, Dr. Frank's center creates a medical and aesthetic experience akin to our native city—professional, stylish and comforting. With an international clientele, Dr. Frank considers every patient a V.I.P. in his upscale boutique practice.

A recognized expert in the field of cosmetic dermatology, Dr. Frank is published throughout the consumer and medical literature and is regularly quoted in beauty magazines, as well as appearing as an expert commentator on national broadcast shows like "Good Morning America" and "Access Hollywood," amongst others.

He also advises some of the world's leading aesthetic technology companies. Aside from his reputation as a celebrity dermatologist and "lipo guru," he currently serves as Clinical Assistant Professor and director of the Cosmetic Dermatology Clinic for training residents at New York University Langone Medical Center.

AVENUE caught up with Dr. Frank to chat about what makes him tick while turning back the clock for Manhattan's A-list.