

SUMMER BEAUTY: YOUR BEST SUMMER BODY EVER

Get your beach physique ready with these essentials.



No-Pain Hair Removal

Ask your doctor about the <u>LightSheer Desire laser</u>, a new hair-zapping tool that promises permanent hair reduction on all skin tones in four to six treatments. Larger laser-spot sizes equal shorter sessions (10 minutes or less), and "vacuum technology reduces the amount of laser energy required," which means less discomfort, says Paul Jarrod Frank, a New York dermatologist. Cost: \$350-\$750 per session.