



## How To Find the Right Moisturizer for Your Mug

Five moisturizers to help you save your skin.



### What's Your Skin Type?

Do you have dry or oily skin? Check your face four hours after you wash it. If your nose and forehead are shiny, you my friend, have oily skin. Use a product that hydrates while absorbing excess oil. A safe bet is **Clinique for Men Oil Control Mattifying moisturizer** (\$26; [clinique.com](http://clinique.com)), which has dimethicone, a polymer that hydrates skin while providing a matte finish. If you're the type whose face isn't shiny but is possibly even flaky four hours after washing, it's best to use a thicker lotion that traps in more moisture. **Dove Men+Care Ultra Hydrating cream** (\$9; [dovemencare.com](http://dovemencare.com)) has an especially high amount of humectants, ingredients that pull in water from the dermis below to keep skin looking healthy and hydrated.

### How's the Weather?

In the summer months, avoid anything heavy that might make you feel clammy and weighted down—the skin-care equivalent of wearing wool in July—and instead use something light that has an SPF of 30 or higher. **Anthony Oil Free facial lotion SPF 30** (\$33; [anthony.com](http://anthony.com)) provides the sun protection you need without suffocating your skin or making you shine like Guy Fieri in a hot kitchen.

### What's Your Age?

Proper hydration from an early age—internally (drink up!) and externally (oil up!)—means you shouldn't have to worry too much about wrinkles, blotches, or whatever the hell is happening on your uncle Larry's cheek. But even if you're older and already have wrinkles, antiaging lotions can still make your skin look younger and healthier. **Kiehl's Facial Fuel Heavy Lifting antiaging moisturizer** (\$40; [kiehls.com](http://kiehls.com)) firms your skin with linseed extract and has salicylic acid, which removes dead skin cells, exposing healthier skin and smoothing out wrinkles. A lighter option is **Lab Series Age Rescue+Water-Charged gel cream** (\$50; [labseries.com](http://labseries.com)), which stimulates cell turnover and has the added benefit of being as refreshing and fast-drying as a splash of water

*With thanks to dermatologists Dr. Paul Jarrod Frank and Dr. Whitney Bowe.*