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Fashion Week Spring 2014

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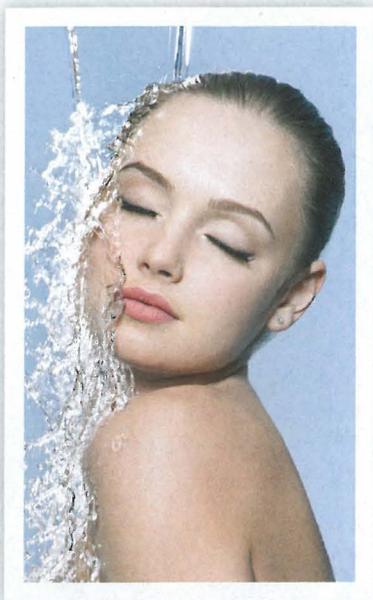
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skin report | weather-proof your skin



Wet Skin's Whistle

"Using a gentle cleanser is very important during the winter. With cold air and dry heat, our skin is much drier, making it more susceptible to irritation and itchiness," shares Dr. Meghan O'Brien from Tribeca Park Dermatology in New York City. Solutions? **Dove's Go Fresh Restore Body Wash** nourishes 10 layers below skin's surface, thanks to NutriumMoisture technology. There's also **Eau Thermale Avène's Cold Cream Ultra Rich**



Cleansing Gel, which works into a foam and reinforces the protective barrier of the skin to ensure suppleness.

Face The Facts

"Winter is the most challenging time of year on skin. Wind, cold and dryness can be extremely harsh on your face," says Dr. Paul Frank, founder and director of the Fifth Avenue Dermatology Surgery & Laser Center in New York City. "We also lose most of our moisture at night when we sleep, so that issue should be addressed, too."



This month, natural skin care company Yes To debuts morning and evening skin solutions for the face. For the morning, there's **Yes To Carrots Fragrance Free Daily Facial Moisturizer SPF 15**, a multitasking lotion containing carrots and shea butter for rich, non-greasy nourishment, as well as zinc oxide for natural SPF protection. Before bed, try **Yes To Carrots Fragrance Free Intense Hydration Night Cream**, created specifically to repair sensitive skin from winter's chilling winds and extreme temperatures.

